

What to do this early August...

Check out the murals downtown!

Up to 5 more murals will be painted downtown this summer under the auspices of the Skeena Salmon Art Fest. One has already been completed on the alley side of the Cedar Coast Dental building on Park Avenue. Keep an eye out for activity at Dairy Queen, the Investors Group building and Ninja restaurant. More info on the Skeena Salmon Art Fest Facebook page.

The 2020 Skeena Salmon heARTs Show!

In these difficult times artists have been encouraged to create artworks around a theme of compassion and care. In the Skeena Salmon Art Fest's Hearts Show, artists have been provided wooden hearts as their "canvas". Don't miss seeing the results on display at the Terrace Art Gallery, in the library building. More info on the Skeena Salmon Art Fest Facebook page.

Legion Trivia Night...and more!

The Legion is hosting another popular trivia contest on Saturday, August 8. And good on the Legion for keeping the tradition going and calling it the 6th Annual Riverboat Days Trivia Contest. Expect this one to fill up fast, as seating has been reduced to meet COVID mitigation. Call the Legion at 635-5825.

But there are lots of other activities happening this month at the Legion. Check out the Terrace Legion Branch 13 Public Facebook page for more.

King of the Mountain Footrace!

Like so many other activities, this northwest classic run has modified its route slightly and gone "virtual" for 2020. Instead of a mass race around Terrace Mountain on the Flathead Trail participants are tackling the trail on their own schedules and proving their times through programs like Strava. Yes this event brings out the best trail runners in the region but casual runners and walkers are encouraged to take up the challenge. Registration info is on www.skeenarunners.com.

Rotary Duck Race!

No, ducks won't race down the Skeena River this year in the annual Rotary Duck Race but this important fundraiser for the Terrace Rotary Club will take place virtually. Draw date is August 3rd. The overall winner gets \$25,000 cash, with other great prizes in a helicopter tour and shopping sprees at Safeway and Canadian Tire. If you don't find a Rotary ticket seller at the Farmer's Market, the liquor store or Canadian Tire, go to www.buyaducky.ca. Tickets are \$20 each.

CATS Pottery Sale

Saturday, August 1st is the Clay Artists of Terrace (CATS) pottery sale at their studio at 4438 Greig Avenue. Expect a huge variety of creations from the members of CATS. Open hours are 10 am to 3 pm.

Skeena Valley Farmer's Market

Summer has finally arrived and the produce really showing up in abundance at the Saturday Farmers' Market at George Little Park. The very best, fresh local produce, wild mushrooms, local meat products, delicious baked goods and preserves – celebrate this region and satisfy your food cravings too. The Market continues into October, every Saturday.

Maxxed Out Family Fun

No Riverboat Days Fitness Challenge this year but Maxxed Out Cross Training is offering “Family Fun” through private and semi-private rentals at the gym at 4620 Loen Avenue. Get the whole family involved in fitness training. Visit <https://touch.facebook.com/events/2888818631229799> or www.maxxedoutcrosstraining.net.

Visit Heritage Park

Don't forget, with COVID safeguards in place, Heritage Park is open through August. A great place to experience pioneer life in Terrace. www.heritageparkmuseum.com.

July 31, 2020

